

Every year, 1 in 150 children is born with congenital CMV.

WHY IS CMV AWARENESS IMPORTANT?

In the United States, about 50 to 60% of women are at risk for contracting CMV infection during pregnancy. In a recent survey of women in the United States, only 14% had heard of CMV, compared with 97% who had heard of Down Syndrome and 98% who had heard of HIV/AIDS. With CMV prevention measures rarely communicated to women, Stop CMV wants to increase the public profile of congenital CMV to save tens of thousands of babies each year from death and disability.

ABOUT STOP CMV & THE CMV ACTION NETWORK

The mission of Stop CMV and The CMV Action Network is to prevent and eliminate congenital CMV and to improve the lives of all people affected by congenital CMV.

Since 2003, Stop CMV has been working to foster awareness of congenital CMV through internet and public awareness campaigns. The CMV Action Network is comprised of families, friends, and medical professionals personally affected by CMV and committed to public education efforts to prevent future cases of the virus.

HOW YOU CAN HELP

There are many ways to make a difference, whether it be online or volunteering locally--there is always a way to participate in CMV awareness, outreach, and advocacy. Your service, caring and contribution can help change lives and prevent congenital CMV. Visit Stop CMV at www.StopCMV.org for more information about CMV and how you can get involved.

Congenital CMV (cytomegalovirus) causes deafness, blindness, cerebral palsy, mental and physical disabilities, seizures, and death.



If you are pregnant or planning a pregnancy, learn how you can prevent congenital CMV:



- DO wash your hands after handling babies or small children.
- DON'T share food or drinks with babies or small children.
- DON'T kiss babies or small children on the mouth.

Learn the facts about CMV

- Most common virus transmitted from mother to unborn baby
- More common than Down Syndrome, Spina Bifida and Fetal Alcohol Syndrome
- Spread through saliva, urine, tears, blood, mucus, and other bodily fluids
- Found mostly in healthy babies, toddlers, and young children
- Poses a major risk to pregnant women, especially mothers, daycare workers, preschool teachers, therapists, and nurses

Prevent birth defects. Stop CMV.

For more information, visit Stop CMV at www.StopCMV.org or the Centers for Disease Control and Prevention (CDC) at www.cdc.gov/cmV.

AWARENESS . OUTREACH . ADVOCACY
STOP CMV AND THE CMV ACTION NETWORK INC.



STOP CMV
The CMV Action Network